



KNIGHTS PBIS NEWS

January/February 2020, Issue 8
This Month's Theme: "New Beginnings"

Kerr Kudos Winners

Dec. 6, 2019

| | |
|--------------|---|
| Destiny M. | 8 |
| Elijah B. | 7 |
| Oscar R. | 7 |
| Ryan J. | 8 |
| Easton V. | 7 |
| Braxton D. | 7 |
| Elijah E. | 7 |
| Britt S. | 8 |
| Gabby S. | 7 |
| Charlotte P. | 7 |
| Nathan S-T. | 8 |

Dec. 13, 2019

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|-------------|---|
| Samantha L. | 8 |
| Zoey S. | 8 |
| Teysha J. | 8 |
| Lauryn L. | 7 |
| Jalissa J. | 7 |
| Easton V. | 7 |
| Helina P. | 8 |
| Nathan A. | 8 |
| Tobias B. | 7 |
| Cameron S. | 7 |

Dec. 20, 2019

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|------------|---|
| Colin R. | 7 |
| Camille G. | 7 |
| Emma W. | 7 |
| Janna M. | 8 |
| Elijah E. | 7 |
| Radison S. | 7 |
| Nora B. | 7 |
| David A. | 7 |
| Ben L. | 7 |

Jan. 10, 2020

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|-----------|---|
| Hannah N. | 7 |
| Raquel B. | 7 |
| Vaughn S. | 8 |
| Baylor B. | 8 |
| Taylor C. | 8 |

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PBIS Tidbits of Information

- Each bi-month, there is a focus theme for PBIS activities and rewards. The theme for the first two months of 2020 is "New Beginnings." We ask for parent support at home to highlight our themes. Please ask your child about what goal they chose to write about and encourage them to continue to reflect and work toward the goal. Engage in conversation with your child about your own successes and failures with goal setting and achievement.
- Reminder! JKMS has its own clothes closet for students who need a sweatshirt or jacket as winter continues. Please see the counselor or Mrs. Frizzie in room 42 to benefit from the clothes closet, or to make a donation.

January is often a time when people set goals for the new year. Setting goals and working toward them shows personal responsibility and effort, two of the four foundations of our PBIS motto. Students were asked to identify at least one goal they have for the new year and to explain how they plan to achieve that goal. *This is a sample of student responses:*

- **Kailey M. 7th grade:** For my New Year's goal, I want to do at least one kind thing each day. It doesn't have to be something huge, like giving a million dollars to charity, just something sweet, like opening the door for someone, putting away people's things for them, or just being a little extra friendly.
- **Alex A. 7th grade:** My plan for this year is to make dinner more. My parents are stressed a lot with their daily lives, so I plan to take away one source of stress by making food. I usually don't have time to make dinner so I will use time management skills to make time. I will also learn new recipes and how to cook.
- **Emerald S. 7th grade:** One of my goals for 2020 is to not be as stressed, or have as much anxiety over certain things. One way I plan to achieve this goal is to just take one thing at a time. A lot of times, I get really anxious and stressed over things because I am always thinking about the multiple things I need to do all at once. Instead, I will focus on the one thing I'm doing now, and worry about the other things once I actually get to them.
- **Bethany K. 7th grade:** One goal that I want to achieve this year is to help others. I would like to help people with learning something new or just simply opening a door for someone who has their hands full. Helping others makes you feel good.
- **Anonymous, 8th grade:** My goal for the New Year is to stay motivated on influential things and stay organized. I will limit my time on the electronics so I have more time on the other things like school and soccer.
- **Anonymous, 7th grade:** My goal for the New Year is to be more social. I am not that social, causing me to not make many friends. I plan to join clubs and go to events to help me become more social.
- **Max S. 7th grade:** I plan to get a 4.0 GPA, or all A's. I plan to do this by doing all of my work and putting in all of my effort and enthusiasm. I'm going to ask for help when I don't understand something, or go to tutoring after school.
- **Anonymous, 7th grade:** My plan for the New Year is to be more social and to get more involved in things at school. I can achieve this by asking to collaborate with others in an area of interest, helping out someone by tutoring them or just being their friend, and lastly, volunteering to help with school activities and other things.
- **Anonymous, 8th grade:** One goal I have for this year is to be a better daughter to my parents. I plan to do this by doing more chores, planning more things with them, talking to them (and not talking back), and listening to them more.
- **Dominique D. 7th grade:** I want to get all A's in every term. I will achieve this goal by studying, checking my understanding of materials given, and correcting what I get wrong. I will also learn from my mistakes, and make sure I don't make them again.
- **Anonymous, 7th grade:** One goal I have this year is to place at the TOCs, a wrestling tournament that the best kids from around the state complete at. To achieve this, I must maintain good grades to stay on my wrestling team and practice my technique. I also need to do well in the regional tournament to qualify for the TOCs.
- **Anonymous, 8th grade:** One of my goals is to manage my time better. I plan to do this by writing an agenda for homework. I will also schedule time for breaks to be successful.

Kerr Kudos Winners

Jan. 10, 2020

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|-----------|---|
| Chase P. | 7 |
| Jeremy C. | 7 |
| Hayden G. | 7 |
| Caden W. | 7 |

Jan. 17, 2020

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|-----------|---|
| Chloe N. | 8 |
| Aven S. | 8 |
| Noe G-A. | 8 |
| Noah R. | 8 |
| Hailey V. | 8 |
| Sarah L. | 8 |
| Aden S. | 7 |

Jan. 24, 2020

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|--------------|---|
| Victoria H. | 8 |
| Jillian C. | 8 |
| Ally S. | 7 |
| Valeria A. | 7 |
| Savin Y. | 7 |
| Jayne B. | 8 |
| Jaime V. | 7 |
| Alexander H. | 7 |
| Alberto J. | 7 |
| Shelby P. | 8 |

Jan. 31, 2020

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|------------|---|
| Mariah M. | 7 |
| Sierra Y. | 7 |
| Raees W. | 7 |
| Berkely W. | 7 |
| Jaime W. | 7 |
| Maddie P. | 7 |
| Melanie S. | 7 |
| Sione K. | 7 |
| Hailey H. | 7 |
| Lindsay T. | 7 |

**Knights show
KINDNESS,
EFFORT,
RESPECT, &
RESPONSIBILITY!**